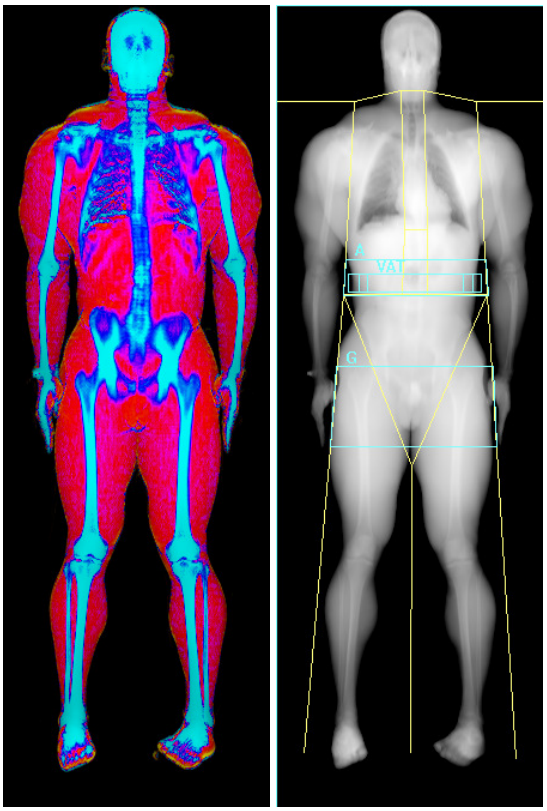
Sample Report
DEXA Scan

dexavan

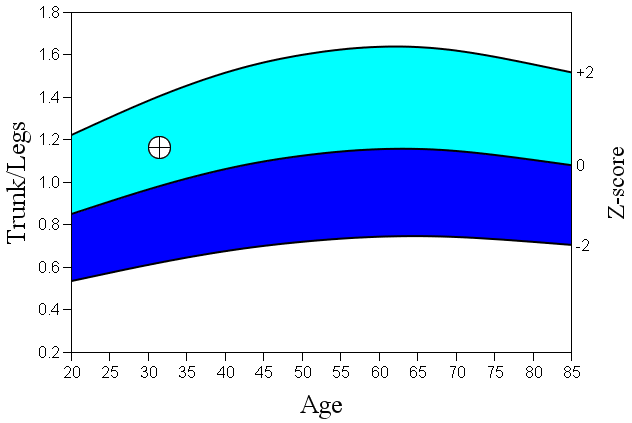
Name: Patient, Sample	Sex: Male	Height: 70.0 in
Patient ID: 01	Ethnicity: White	Weight: 240.0 lb
DOB: Jan 1, 2020		Age: 31



Images not for diagnostic use

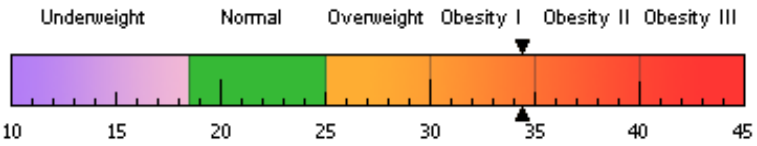
Fat — Lean — Bone

% Fat Trunk/% Fat Legs



Source: NHANES Classic White Male.

World Health Organization Body Mass Index Classification
BMI = 34.4 WHO Classification Obesity I



BMI has some limitations and an actual diagnosis of overweight or obesity should be made by a health professional. Obesity is associated with heart disease, certain types of cancer, type 2 diabetes, and other health risks. The higher a person's BMI is above 25, the greater their weight-related risks.

Body Composition Results

Region	Fat Mass (lb)	Lean + BMC (lb)	Total Mass (lb)	% Fat	% Fat T-score	% Fat Z-score
L Arm	0.74	17.76	18.50	3.98	-3.2	-3.5
R Arm	1.10	19.66	20.76	5.28	-2.9	-3.2
Trunk	4.89	99.17	104.05	4.70	-2.5	-2.7
L Leg	1.76	37.03	38.79	4.54	-3.1	-3.4
R Leg	1.39	37.74	39.12	3.54	-3.5	-3.7
Subtotal	9.87	211.36	221.23	4.46	-2.8	-3.1
Head	2.22	10.05	12.26	18.1		
Total	**12.08**	**221.41**	**233.49**	**5.17**	**-2.9**	**-3.2**
Android (A)	0.76	15.46	16.22	4.7		
Gynoid (G)	2.10	35.29	37.39	5.6		

Scan Date: November 03, 2019 ID: A1103190C
Scan Type: a Whole Body
Analysis: November 03, 2019 09:49 Version 13.5.3.2
Auto Whole Body
Operator:
Model: Discovery W (S/N 82736)
Comment:

Adipose Indices

Measure	Result	T-score	Z-score
Total Body % Fat	5.17	-2.9	-3.2
Fat Mass/Height² (kg/m²)	1.73	-2.3	-2.5
Android/Gynoid Ratio	0.83		
% Fat Trunk/% Fat Legs	**1.16**	**1.3**	**0.9**
Trunk/Limb Fat Mass Ratio	0.98	0.0	-0.4
Est. VAT Mass (g)	166		
Est. VAT Volume (cm³)	179		
Est. VAT Area (cm²)	34.4		

Lean Indices

Measure	Result	T-score	Z-score
Lean/Height² (kg/m²)	30.6	2.7	2.7
Appen. Lean/Height² (kg/m²)	15.5	3.1	3.2

Est. VAT = Estimated Visceral Adipose Tissue